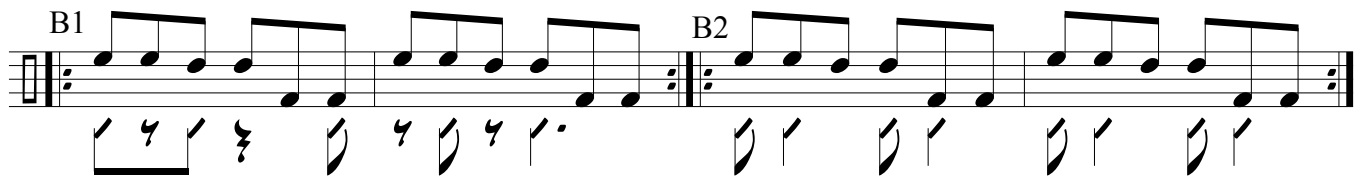
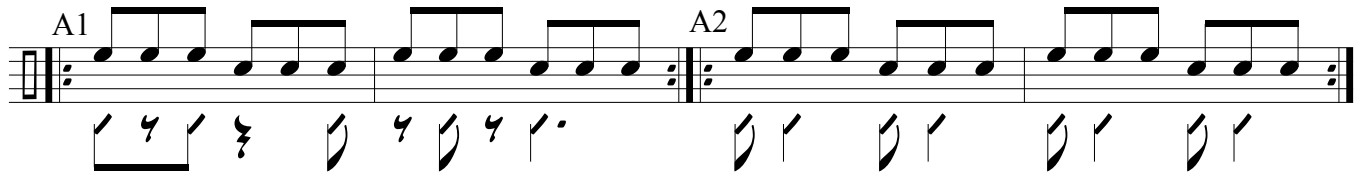
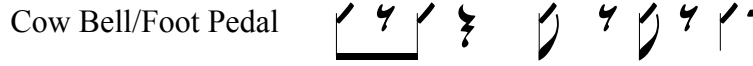


Warm Up 1 from Total Update 2

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André Mallau

Always: R R R R R R R R R R R R
 or: L L L L L L L L L L L L



Understand how an exercise is organised:

A is 3 notes cell / B is 2 notes cell / C is 1 note cell.

1 is 5 strokes clave / 2 is 7 strokes clave / C is 8 notes clave.