

Exercises from Total Update 1

Sticking 1 + Ionian Scale Clave

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Cow Bell/Foot Pedal

The musical score is organized into six systems. Each system contains two staves: the top staff shows rhythmic notation with 'x' marks indicating hits, and the bottom staff shows drum notation with 'A' and '7' symbols. The systems are labeled as follows:

- System 1: I (Ionian) and D (Dorian)
- System 2: P (Phrygian) and L (Lydian)
- System 3: M (Mixolydian) and A (Aeolian)
- System 4: L (Locrian) and WT (Whole-tone scale)
- System 5: D (Diminished scale) and m (melodic minor scale)
- System 6: h (harmonic minor scale)

These ride's patterns are based on rhythmic conversion of scales,
Whole step is equal to a quarter note and half step to a eighth note.

Examples:

I: Ionian	D: Dorian	P: Phrygian
L: Lydian	M: Mixolydian	A: Aeolian
L: Locrian		
WT: Whole-tone scale	D: Diminished scale	
m: melodic minor scale	h: harmonic minor scale	