

Exercises from Total Update 1

Sticking 1 + Diminished Scale Clave

www.dinsic.com

André Mallau

Cow Bell/Foot Pedal

The image shows six staves of musical notation for cow bell/foot pedal exercises. Each staff consists of two parts: a rhythmic notation on top and a bass clef notation on the bottom. The exercises are labeled with scale types: I, D, P, L, M, A, L, WT, D, m, and h. The rhythmic notation uses 'x' for cow bell and '7' for foot pedal. The bass clef notation shows the corresponding scale notes.

These ride's patterns are based on rhythmic conversion of scales,
Whole step is equal to a quarter note and half step to a eighth note.

Examples:

I: Ionian D:Dorian P:Phrygian

L:Lydian M:Mixolydian A:Aeolian

L:Locrian

WT:Whole-tone scale D: Diminish scale

m:melodic minor scale h:harmonic minor scale